

THINK ON THESE THINGS



Selections from the
Edgar Cayce Readings

A.R.E.[®] Press • Virginia Beach • Virginia

CONTENTS

Foreword	v
Of the Mind and the Soul	1
On Choice and Will.....	15
On Application.....	33
Thoughts and Feelings.....	47
On Living in the Earth.....	65
On Self and Others	83
The Source, the Pattern, and the Power	103



*“Think on these things. For here
ye may find not only the key to
thine nature but that which may
unlock the . . .mysteries of life
itself in relationship to thy
dealing with thy fellow man.”*
(Reading number 954-1)



Thoughts
and
Feelings

For, as has been given, it is not all of life to live, nor yet all of death to die. For life and death are one, and only those who will consider the experience as one may come to understand or comprehend what peace indeed means. 1977-1

Be happy—be in the attitude of ever being helpful to others. These will bring that peace within that is the promise from Him. 1968-7

If it is held. . . as a cross, it will remain as one. . . with individuals where there [are] in their experiences crosses to bear, hardships or surroundings that to them are overpowering, overwhelming, by slights, slurs, and fancies of the inactivity of a coordinating force. If these are held continually as crosses, or as things to be overcome, then they will remain as crosses. But if they are to be met with the spirit of truth and right in their own selves, they should create joy; for that is what will be built. 552-2

Count thy hardships, thy troubles,
even thy disappointments, rather as
stepping-stones to know His way
better. 262-83

. . .man looketh upon the outward
appearance, God looketh upon the
heart. The gain or retardment is
according to the purpose, the cause for
such activities being a part of an
entity's experience. 2905-3

For many an individual entity, those
things that are of sorrow are the greater
helps for unfoldment. . . 3209-2

Change the body thoughts—we will
change the effect upon those activities
in the throat, in the eyes, in the ears, and
the body forces. . .Remember the law—
and the law of the Lord is perfect, in
body, in mind, in spirit. And as laws of
the physical, of the mental, of the
spiritual are kept in unison of purpose,

a more perfect balance is kept in the body. 3246-2

. . .happiness is love of something outside of self! It may never be obtained, may never be known by loving only things within self or self's own domain!

281-30

Never so act, in any manner, in any inclination, that there may ever be an experience of regret within self. Let the moves and the discourteousness, the unkindness, all come from the other. Better to be abased. . .and have the peace within!. . .act ever in the way ye would *like* to be acted toward. No matter *what* others say or even *do*, do as ye would be done by; and then the peace that has been promised is *indeed* thine own.

1183-3

Thus no wonder confusion comes, unless there is held to the one mighty purpose—*Love Divine* that so overshadows all else as to be that alone that

makes an experience in the earth
worthwhile. . .

1402-1

Learn this lesson well of the spiritual truth: Criticize not unless ye wish to be criticized. For with what measure ye mete it is measured to thee again. It may not be in the same way, but ye cannot even *think* bad of another without it affecting thee in a manner of a destructive nature.

Think *well* of others and if ye *cannot* speak well of them don't speak! but don't think it either!

2936-2

For to hold grudges, to hold malice, to hold those things that create or bring contention, only builds the barrier to prevent thy *own* inner self enjoying peace and contentment.

1608-1

Is there really the desire to know love,
or to know the experience of someone

having an emotion over self? Is it a desire to be itself expended in doing that which may be helpful or constructive? This *can* be done, but it will require the *losing* of self, as has been indicated, *in* service for others.

...But arise to that consciousness that if ye would have life, if ye would have friends, if ye would have love, these things ye must expend. For only that ye give away do ye possess. 1786-2

Love goes far beyond what you call the grave. 5756-14

For perfect love casteth out fear, and fear can only be from the material things that soon must fade away.

And thus hold to the higher thought of *eternity*. For life is a *continual* experience. 1175-1

...for in suffering *strength* is gained, even as the wind bloweth where it

listeth—one heareth the sound thereof and knoweth not whither it cometh nor whence it goeth, yet that is as of the thought and intent in the individual characterization of self—that out of those forces comes that same in an individual or entity's being. 5528-1

For until ye are willing to *lose* thyself in service, ye may not indeed know that peace which He has promised to give—to all. 1599-1

. . .that contentment that can only come with the knowledge of *His* peace abiding ever with thee; for with *His* peace there comes contentment, no matter what may be the vicissitudes of life, whether in trials as of the mental surroundings, whether in the trials as of material conditions or positions, there can come—with that peace—that contentment of heart and mind, that He is in His holy temple and all is well with those who have made Him the ideal. . . 451-2

. . . only music may span that space between the finite and the infinite . . . music may be the means of arousing and awakening the best of hope, the best of desire, the best in the heart and soul of those who will and do listen. Is not music the universal language, both for those who would give praise and those who are sorry in their hearts and souls? Is it not a means, a manner of universal expression? Thus, may the greater hope come.

2156-1

For hope and faith are living—*living*—things! Thus hope springs anew with the growth and the knowledge and the understanding of the light on the way, and that life indeed is an eternal expression of the love of the Father; and that as it gives the expression through the individuality of each and every soul as it comes in material manifestation by the weaknesses, we find the strength in the Lord—and in the glories ever in His

beauteous purpose with each soul; that purpose that ye might be the companions, one with Him. 1504-1

. . .to bring hope, to bring cheer, to bring joy, yea to bring a smile again to those whose face and heart are bathed in tears and in woe, is making that divine love *shine—shine—in thy own soul*. Then *smile*, be joyous, be glad! For the day of the Lord is at hand. 987-4

But to know that ye spoke unkindly and suffered for it, and in the present may correct it by being righteous—*that* is worthwhile! 5753-2

If the problems of the experience today, now, are taken as an expectancy for the unusual and that which is to be creative and hopeful and helpful, life becomes rather the creative song of the joyous worker.

If the same problems become

humdrum, something to be fought through, something to be questioned as to their purpose, their activity, their usefulness in the experience, then the life becomes rather as a drone, as of one drudging, coming through toil, and with only turmoil and a vision unclaimed, unactive in its associations with the general conditions of the day.

1968-5

Do not hold resentment. Do not get so mad at times when things are a little wrong. Remember that others have as much right to their opinions as self, but that there is a level from which all may work together for good.

Smile always—and live the smile!

1819-1

Happiness, then, is not a thing set apart from self, but the conditions with which one approaches that in hand to be *done!* For when one considers that the position of self is hard to bear, is not as is desired, the desire of the heart often maketh one *afraid*—unless that desire

is ever in that attitude of "*Use me, O God, as I am,*" for the I AM is ready, willing, to make *my will one with Thy will*—"Though He slay me, though He bruise me in mine own selfish or unseen ways; yet will I trust Him day by day," and He will not forsake thee; neither will He allow thee to be afraid; for He will raise thee up, and He understands all the hardships, the *little things*, the separations, the variations in the surroundings—but *trust Him!* 5563-1

Remember, the soft word turns away wrath, and it brings joy, the kind word as ye have found in thine own experience oft has made the day much brighter for thee. Make many days brighter for others and in making them more and more in attune with love, patience, long-suffering, gentleness and kindness, ye will make for thyself a surety in those things that take hold on peace, harmony and joy. These should be a part of thine experience ever. 5098-1

That primarily needed is patience, persistence and consistence.

Then we would define for the entity what we mean by the entity having patience—in an active, positive manner and not merely as a passive thing.

Taking or enduring hardships, or censure, or idiosyncrasies of others, is not necessarily patience at all. It may become merely that of being a drudge not only to self but an outlet of expression from others that may never be quite satisfying because there is no resistance.

Passive patience, to be sure, has its place; but consider patience rather from the precepts of God's relationship to man: Love unbounded is patience. Love manifested is patience. Endurance at times is patience, consistence ever is patience.

3161-1

Who gains by being forgiven and by forgiving? The one that forgives is lord even of him that he forgives.

585-2

So be ye then as His children—those

that show joy and gladness in the lives, the experiences, the hearts, the minds of those ye meet day by day; thus becoming indeed brethren with Him, in that He gave Himself as a ransom for all, that whosoever will may take *their* cross and *through* Him know the joy of entering into that realm of replacing jealousy and hate and selfishness with love and with joy and with gladness.

Be ye glad. Be ye joyous when those things come to be thy lot that should or would disturb the material-minded. Like Him, look up, lift up thy heart, thy mind unto the Giver of all good and perfect gifts; and cry aloud even as He, "My God, my God! Be Thou near unto me!"

In this, as ye raise then thy voice to Him, ye may be sure He will answer, "Here am I—be not afraid. For as the Father hath sent me, so come I into thy heart and life to bring gladness, that there may be life more abundant in thy experience."

Then, be ye *glad* in Him.

5749-10

Hence again might that injunction be given the entity not to be too easily discouraged. Brace up! *Know* in what ye have believed and do believe, but know *who* is also the *author* of such. For *life is real, life is earnest, and the grave is not the goal!* 1792-2

Be *glad* you have the opportunity to be alive at this time, and to be a part of that preparation for the coming influences of a spiritual nature that *must* rule the world. These are indicated, and these are part of thy experience. Be happy of it, and give thanks daily for it. 2376-3

. . . each soul has a mission in the earth, and is in expression a manifestation of the thought of God, of the First Cause. Thus all stand upon an equal basis before Him.

Then, ye have no right to condemn self or to judge others.

Let all be done rather, then, as an appreciation of the love, the thought as may be expressed in appreciation to that Creative Force called God.

And the greater lessons may be learned from His manifested activity in the earth through Christ Jesus. 2683-1

...don't get mad and don't cuss a body out mentally or in voice. This brings more poisons than may be created by even taking foods that aren't good.

470-37

Wherever Truth is made manifest it gives place to that which is heaven for *those that seek* and love truth! 262-87

To not know, but do the best as is known, felt, experienced in self, to him it is counted as righteousness. 1728-2

What separates ye from seeing the glory even of Him that walks with thee oft in the touch of a loving hand, in the voice of those that would comfort and cheer? For He, thy Christ, is oft with thee.

Doubt, fear, unbelief; fear that thou art not worthy!

Open thine eyes and behold the glory,

even of thy Christ present here, now, in thy midst! even as He appeared to them on that day!

5749-6

Then, to be able to remember the sunset, to be able to remember a beautiful conversation, a beautiful deed, done where hope and faith were created, to remember the smile of a babe, the blush of a rose, the harmony of a song—a bird's call; these are creative. For if they are a part of thyself, they bring you closer and closer to God.

1431-1

That there have been many problems and many questionings is true; yet when the entity has allowed or does allow itself to meditate upon the principles of the prompting which come from its study, its application of the law of the Lord which is manifested in the precepts, the commandments, the psalms and the promises of Jesus, little has been the fear of what the man-force has to offer as to disturbing factors in the earth.

Then, as would be given, keep that faith. . .do not let those things which may not in the present be understood weary thy soul, but know that sometime, somewhere, you, too, will understand. Keep the faith. 5369-2

Keep to those purposes, those attitudes of helpful hopefulness; that the opportunities accorded may be used in service to others. Such an attitude kept in the mental forces will bring the *renewing* of the faith in the Divine, which *is* the heritage of every soul.

849-25

As has been indicated, a little more patient, a little more tolerant, a little more humble. But. . .not a tolerance that becomes timid—this would make rebellion in self. Not a patience that is not positive. Not humbleness that becomes morbid or lacking in beauty. For as orderliness is a part of thy being, so let consistency—as persistency—be a part of thy being. 1402-1

. . .they that would have cooperation must cooperate by the *giving* of self to that as is to be accomplished—whether in the bringing of light to others, bringing of strength, health, understanding, these are one *in Him*. . .

This is a natural consequence of self-service, self-sacrifice, self-bewilderment, in Him. Being the channel is cooperation. Being a blessing is it in action. In whatever *state* of being, meet that upon the basis of *their* position—and *lift* up, look up—and *this* is cooperation. 262-3

And when ye trust in Him, ye are sure—and need never be afraid of the material things. For, does He not feed the birds of the air? Does He not give the color to the lily, the incense to the violet? How much more is that as may be in His very presence, if ye apply self to become worthy of acceptance in His home. 333-1