In *Mysteries of the Supernatural*, Darrin is gifting the reader with information and skills for relating to other invisible forms of life that interpenetrate and share our world . . . our lives with us. He opens the gates of his experience and knowledge so we may respectfully, and with discernment, relate to the host of invisible neighbors that populate the “in-scape” of our world’s landscape. As a sort of “outreach and education minister for the invisibles,” I applaud this book and look forward to more!

—Orion Foxwood

*Author of The Candle and the Crossroads: A Book of Appalachian Conjure and Southern Root Work*

I finished Darrin’s new book and I love it! It’s like a breath of fresh air to see a writer caution folks about running willy-nilly with spirits. It was easy to read and I learned some new things, too. Darrin has done a wonderful job in writing a book that will help folks move forward in their own growth. I could feel my southern culture within the pages. I love the stories, they put you right there!

—Starr Casas,

*Author of The Conjure Workbook Vol. 1: Working the Root*

All my life I’ve been curious about the unknown, which is why I got involved in paranormal investigating. With Darrin’s book, I can now use the information he shared to help me become a better person spiritually and to understand the spiritual world around us. Everything you ever wanted to know about the supernatural is in this book, thanks Darrin!

—Rhonda Burton

Arkansas Ghost Catchers

Darrin is a master storyteller and teacher. *Mysteries of the Supernatural* is an illuminating look into unexplained shadows!

—Travis Sanders

*Star of A&E’s Psychic Kids: Children of the Paranormal*
“Pleasure to me is wonder—the unexplored, the unexpected, the thing that is hidden and the changeless thing that lurks behind superficial mutability. To trace the remote in the immediate; the eternal in the ephemeral; the past in the present; the infinite in the finite; these are to me the springs of delight and beauty.”

—H.P. Lovecraft
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And to my readers, clients, and fans all over the world: you folks rock! I love you.
Foreword

Foreword by Rosemary Ellen Guiley

There are three ways that people are inspired to probe into the paranormal and metaphysical realms. One is having an awareness of the unseen from earliest memories. Darrin W. Owens is such a person, born with a gift to see and experience beings and phenomena that pass by most people.

The second is through having a personal experience that one cannot explain rationally according to what is considered “ordinary reality.” Often these experiences rock a person’s world and even turn it upside down, blowing away all preconceived beliefs. Many people are drawn into the field in this manner.

The third is curiosity that has been piqued by television, films, books—our pop-culture—and the experiences of those we know.

In all three cases, when people are motivated to a new search for truth, they need solid information to help them find their way. In Mysteries of the Supernatural: A Psychic’s Guide beyond the Veil, Darrin has written one of the finest guides to date for the spiritual seeker, the curious, and the experienced explorers of other realms. He covers every base important to the quest, whether it is pursuit of paranormal phenomena or experiences with the dead and with beings in other realms. Even more important, he tackles the dark side as well as the light side.
In my own thirty-plus years of researching and investigating the paranormal and metaphysical fields, I have always advocated getting a grounding in as many subjects as possible. Like Darrin, I had experiences from an early age, which I took for granted as reality for everyone. As I got older, I soon realized that awareness of non-physical realities are not readily available to all, and that experiences have common ground but a great deal of personalized subjectivity to them. I realized how deeply interconnected are all the phenomena and experiences. And, I realized how important it is to have knowledge of both sides of the fence—the good and benevolent, and the bad and malevolent. Sooner or later, the seeker encounters both.

Thus, the good seeker needs a broad base of knowledge. I have always said that no matter where you enter the Path, be it ghosts or angels or ETs or something else, if you stay on the Path long enough and go deep enough, you will see the interconnectivity and realize the importance of a broad education. The realms beyond the physical have no sharp boundaries, but overlap and even seep into each other.

Discernment becomes a crucial skill in navigating these realms and validating experiences and communications of all kinds. Without knowledge and experience, there is little, if any, discernment. Darrin’s fine guide will help you learn solid basics and fill in the blanks of your education.

I am often asked by those new to the paranormal, “Where is all this going?” “What am I supposed to do with it?” Stepping onto the Path is a quest and a journey, and usually we do not know where exactly we will go. But if we have discernment, an open mind, fearlessness, and trust in good guidance, the journey unfolds in a meaningful, purposeful way. The journey is different for everyone, even though we share the Path with others.

Darrin makes the point that the veil between realms is opening at an increasing pace, with impetus from both sides. We are increasingly drawn (or even plunged) into experience, and the beings in other realms are increasingly drawn to interact with us, some for better, some for worse. I have found this to be the case in my own work as well. The “interdimensional earth” is already the new reality, and those of us who take time to study will be prepared to meet the challenges of living in it. It’s actually quite exciting—we are all pioneers pushing out new frontiers!
I have long admired Darrin’s work and the integrity he brings to it. He tells it as he sees it and knows it, from his own experience and careful research. This book will stand the test of time, a classic in the literature of the field. What’s more, Darrin brings a delightful sense of humor to it all. You’ll enjoy reading this book—it’s fun as well as profound. It is truly a handbook for visionary living, the focal point of my own work as well.

*Mysteries of the Supernatural* is now on my Essential Reading list, and I recommend this book as an excellent, well-rounded guide for both beginners and the experienced. There is always something new to be found around the next bend, and you’ll reach for this book again and again.

Rosemary Ellen Guiley
Author and President of Visionary Living, Inc.
The crossroads, a place where two roads intersect, is the subject of many religious and old-fashioned folk belief systems worldwide. In my neighborhood, most crossroads are outside the borders of a town or intertwined in deep hollows in the countryside. These locations are often considered to be supernatural. As a child, I lived near a crossroads. There were two well-worn dirt roads that crossed each other, smack-dab in the woods. I was a country kid, and we lived in the boonies. When I disappeared, my mother would always go looking for me at the crossroads. There I was, sitting right in the middle of it. Even then, I must have realized there was power there, a thinning place of the veil between worlds. I believe there is a crossroads for every realm of the supernatural.

The crossroads legend became popular with the story of the renowned, American blues singer Robert Leroy Johnson and another musical colleague, Tommy Johnson. Both say they met a mysterious helper at the crossroads. There are many versions of this tale—all with a variety of storytelling—but I’m going to choose the most popular version and tell the one about Robert Johnson, who recorded in the thirties. According to the legend, as a young man living on a plantation in rural Mississippi, Robert Johnson wanted to become a great
blues musician. He was instructed to take his guitar to a crossroad at midnight. There he was met by a mysterious black man who took the guitar and tuned it up to perfection. The crossroads spirit played a few songs and then returned the guitar to Johnson, giving him mastery over the instrument. Robert Johnson was able to create great blues music and become famous for it. I have always loved that story. As a matter of fact, Robert Johnson’s music in the background is helping me to write this chapter; that is inspiration at its best!

With further research and study, I have learned that the idea of a crossroads as a supernatural entryway is not uncommon. The crossroads is a place that is not claimed by the living or the dead; it’s an in-between place where our physical world and the supernatural world merge. While investigating house hauntings, I have experienced several instances in which the origin of the supernatural happenings happened at the crossroads near those houses.

In this work, I’m going to describe my experiences, insight, and thoughts about the supernatural. I am on a symbolic journey and standing at the crossroads to record a very elusive reality that at one point or another will cross the threshold into our everyday existence. At that time, we will be forever changed in the way that we see life, death, and destiny. With each chapter, you will enter a different crossroads into other realms, deepening your understanding of what resides behind the inspired curtain that separates us from the others. All of my books have been a journey and an evolution of my own spiritual viewpoints. This book is the most intimate of all because it is where I truly live and breathe. For the first time, I am opening up and exposing my innermost, cherished supernatural experiences. I’m sharing them with you as examples of a big, wide world that surrounds us but is not located within the physical. In an honest moment here, I admit that the supernatural world is where I am most comfortable. Whenever I pass a crossroads, I always feel comforted by the fact that no matter how concrete, plastic, or fake this world gets, there are still some actual supernatural wonders and magic somewhere in this great country of ours. No one can duplicate or fake the real supernatural. The answers are at the crossroads, and we are all headed there to see what wonders await.
The Veil: Pay Attention to the Man behind the Curtain

“Curiouser and curiouser!”
—Lewis Carroll, *Alice’s Adventures in Wonderland*

Since the beginning of time, man has been fascinated and even obsessed with the unseen worlds that exist all around us. From the communion of spirits within sacred rituals performed by our ancestors to the saturation of current paranormal reality television, a deep desire to know and connect with the mystery behind the invisible curtain that separates our world from “theirs” is in our very core. I truly believe that even the harshest of skeptics embraces a quiet wonder of what else lies beyond in the unknown realms. I myself was born into a world of ghosts and folklore. In the Ozark Mountains of Arkansas there still lives a rich tradition of spiritualism and magic. Underneath the very buckle of the Bible belt, it is easy to sense that there is mystery and supernatural wonder in those hills. For whatever reason, souls that lost their way hundreds of years ago continue to wander in a perpetual dream state, lost in the dark forests of the Ozarks. I have felt them. I have heard the lonely cries calling from a world beyond mine.

As a child, the supernatural was natural to me. My grandmother filled my childhood with stories from her own childhood of things going bump in the night, ghosts walking up creaky stairs, and spiritual miracles of healing performed by granny witches who had the power of herb and chant. Little did I know at the time that my grandmother was telling me of very real occurrences. She was nurturing my own abilities to see these things for myself by keeping my mind open to the possibility of different realities. I realized long ago in metaphor that the “man behind the curtain” was real, and I should pay attention—*close attention*.

What if the dark figure we have seen in the corner of the room were real? Or what about the big, hairy creature that ran across the road one rainy night; was that Bigfoot? How would you see your life then? Accept that all of the ghost stories, angelic encounters, mystical visions, and the monsters of folklore just might be real. You might sense a completely new dimension of living if you allow yourself to believe, just for a moment, that the realms of the supernatural and its inhabitants are as real
as the pages of this book. We can recognize that the interest in what is beyond the veil is at its peak these days just by watching the subject matter on films and TV and by reading about it in published media.

The reason I wanted to write this particular book and throw in my two cents’ worth on the subject was to give you, the seeker, a more grounded and factual perspective on a very elusive reality. This book will help direct you with some discernment to the many mansions beyond our world. With the sweet, comes the sour, and with the many opportunities of publishing and video accessibility, anyone and everyone can throw out their thoughts on psychic and supernatural studies. Some of it’s good, and some of it is just plain baloney. I could not stand by any longer without writing a book that would help the seeker take a more authentic look at these matters. I’m not saying I’m the final word when it comes to understanding and navigating the supernatural, but I do know enough from my own studies and my own personal experiences not to journey into the unknown without a life rope tied to a strong spiritual foundation. Again, with anything psychic or supernatural, there will always be room for growth and room for expanding one’s mind. If you have a strong spiritual ideal that you live by, you can freely move and discover more psychic landscapes with safety and ease. This book will describe more about the supernatural landscape.

My books on building a strong spiritual foundation are revealed in Reader of Hearts: The Life and Teachings of a Reluctant Psychic and Becoming Masters of Light: Co-Creating the New Age of Enlightenment. I would strongly suggest reading my aforementioned works to prepare you for stepping into this highly intense realm of understanding.

I think that I am more excited about writing this book than any other. My life has been so absorbed with the supernatural that to finally write about my findings and experiences is truly important to me as a psychic investigator and researcher. In my previous book, Becoming Masters of Light, I came out of the closet for the second time, but as a practicing exorcist. This story gave my readers a small glimpse into my world as far as dealing with dimensions beyond what we see with the physical eye. Many of you who are reading this work have also seen a glimpse beyond the veil, or you would not have happened upon this book. This will not be a scientific work that tries to prove the reality of the supernatural. I have no interest in proving anything. I am a re-
searcher, yes, and a psychic investigator, all the time, but I’m not a scientist. I’m simply interested in sharing my experience, my insights, and my views on a very challenging topic. Don’t get me wrong, evidence that there is actually a man behind the curtain, per se, is extremely beneficial, and I love it when my colleagues discover this reality. Even though I’m interested to hear what’s been found, I also know and don’t hesitate to say, “See, I told you so.”

Always remember that the veil between worlds is an intelligence all its own and will reveal itself along with its supernatural inhabitants when it wants to do so. I love the scientific folks, but some of them who think that they are scientific are laughable. I ran into a self-proclaimed “copy-and-paste” paranormal investigator (we will call him Barry), who was gung ho about proving his investigations with the paranormal. He had co-authored a few books with another self-proclaimed paranormal scientist, and together they were pretty funny. With all their “research” and video presentations, they seemed to focus more on proving their work with the paranormal rather than concentrating on the paranormal by itself. That’s always a red flag for me, when I see ego first and actual, legitimate research later. There are many personalities of that type in this business. Misrepresentation makes it difficult for my friends and colleagues who are actually doing good field work to publish their information without slander or even theft. Consequently, you will see in my work a mere sharing of stories, and any research that I’m detailing will be credited wholeheartedly to the true person of origin.

The veil between the realms deserves respect and integrity. It is not something to be seen as a joyride at an amusement park. We are gradually opening up spiritually and psychically to the veil as an awareness of what’s truly vibrating around us, and any investigation is for the purpose of knowledge and understanding. Remember that when we incarnated on this planet in this life and in other lives, we had to pass through the spectral membrane. At death, we will do it again. The veil is familiar with us and with all souls, so its discovery in our own lives is that of a deep and ancient remembrance. When you read these pages and ponder the stories and the information, remember that the supernatural is an ever-changing vibration of mystery and discovery. It is our one single question of “who is that man behind the curtain” that will truly reveal a world among worlds as well as our spiritual heritage and destiny.